

### **Raccolta #168—The Holy Hour**

The faithful, who take part for an entire hour in the public exercise known as the “Holy Hour,” in any church, public or semi-public oratory (if they may lawfully make use of the latter), in order to venerate the Passion and Death of Jesus Christ, and to worship and meditate upon the burning love whereby He was led to institute the Holy Eucharist, may gain:

*A Plenary Indulgence, provided that they atone for their sins in Sacramental Confession, receive Holy Communion and pray for the intentions of the Sovereign Pontiff. Those, who being at least contrite, perform this pious exercise, whether publicly or privately, may gain: An indulgence of 10 years (Secr. Mem., Feb. 14, 1815 and Apr. 6, 1816; S. C. Ind., June 18, 1876; S. P. Ap., Mar. 21, 1933)*